



☎ **AT THE TABLE**
INNOVATION CENTER FOR
COMMUNITY AND
YOUTH DEVELOPMENT



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Training, publications,
and other resources
to ensure meaningful
youth involvement

At The Table

RESOURCE CATALOG



⊕ CENTER FOR YOUTH AS RESOURCES CO/MOTION COMMUNITY PARTNERSHIPS
WITH YOUTH, INC. INNOVATION CENTER FOR COMMUNITY AND YOUTH DEVELOPMENT
POINTS OF LIGHT FOUNDATION PROMISE PROJECT YOUTH LEADERSHIP INSTITUTE
YOUTH ON BOARD

At The Table

☉ Increasing numbers of young people are joining the ranks of leaders and decision makers in all levels of society. Grounded in the conviction that institutions and communities benefit from the voices of young people, a growing national movement of youth and adults is working to secure a place for youth at the table on even more boards of directors and other governing bodies.

One of the pivotal moments in this movement's history was in 1995 when Youth on Board and Community Partnerships with Youth, Inc., convened a group of young people and adults at the Wingspread Conference Center in Racine, Wisconsin, to lay the foundation for a broad-based effort to create opportunities for youth to participate in making important decisions that affect them. Three years later, the Innovation Center for Community and Youth Development, then a division of National 4-H Council, brought together a design team to develop an initiative on youth in governance. Named "At the Table," an initiative was created to facilitate a coordinated, sustainable national youth in governance campaign.

Today, organizations and individuals nationwide are working to create increased opportunities for youth participation at many levels in society. As the movement spreads, the need has grown for resources to help educate and inform about the value of youth participation and prepare youth and adults to work together to create positive change. This catalog lists such tools - workshops, videos, books, curricula, and other resources - from eight of the leading organizations involved in youth in governance today.

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Center for Youth as Resources

Promoting the concept of youth as essential community resources



SERVICES

Training Opportunities

Our trainings are:

- Interactive and dynamic, based upon experiential learning approaches
- Facilitated by youth and adult co-trainers with program experience to exemplify the partnership in the model
- Tailored to specific audience needs.

National Trainings and Conference

- Bringing YAR to Your Community
- Reconnecting Youth and Community: YAR in Juvenile Justice
- Youth as Resources Program Conference (YAR staff and board members only).

Conference Presentations on the YAR model, its supporting philosophy, and its various applications. Check www.yar.org/train-cal.htm for training and conference calendar.

Individualized Trainings

Various types of on-site training to communities and organizations based upon identified needs. Examples of trainings offered include: Basic YAR Program Orientation, Youth-Adult Board Development, Youth-Adult Partnership, Working with Youth in Corrections, and Strategic Planning for Local YAR Programs.

PRODUCTS

Youth as Resources (YAR) Program Manual

A practical, user-friendly guide for program managers of YAR and other community-based youth-adult partnership programs. Also serves as the participant manual for national trainings. Contains information on how to start a YAR program, develop an effective youth-adult board, plan community-based projects, reach out to youth and adult volunteers, and much, much more, including real examples from the YAR network. This manual, currently being updated, will be available in Fall 2000.

Outlook

The international YAR newsletter covers what's new in the YAR network and the youth voice arena.

INFORMATION AND ORDERING

For information about services and products, please contact us at:

Center for Youth as Resources

1000 Connecticut Avenue, NW, 12th floor

Washington, DC 20036

(202) 261-4131

Fax (202) 785- 0698

Email: yar@ncpc.org

www.yar.org

➔ The Center for Youth as Resources (CYAR) is a national nonprofit organization that promotes the philosophies and goals of Youth as Resources (YAR) and provides support to communities and organizations interested in starting or maintaining YAR programs, or in adopting various components of the program. YAR, developed in 1987, is a community-based program that provides small grants to young people to design and carry out service projects that contribute to significant community change. In the process, youth gain leadership skills and greater self-esteem. YAR programs are thriving in communities across the United States and abroad.

Youth Outreach, The Points of Light Foundation

Connecting youth to their communities through service and leadership



SERVICES

Technical Assistance

Youth Outreach is ready to help you with a variety of questions and issues. If we don't have the information you are looking for, we can direct you to those who do. Through our extensive network of youth development organizations, State Commissions, Volunteer Centers, YES Ambassadors, Connect America Partners and educational institutions, we can get you connected to others doing similar work.

Training and Consulting

Youth Outreach offers national training seminars throughout the year related to youth service, service-learning and youth leadership. Two areas of focus are Youth as Decision-Makers and Leadership Skills for Youth (through the Prudential Youth Leadership Institute). In addition, we provide customized training and consulting services for both youth and adults. Please contact us for a copy of our current training calendar and for more information on our training and consulting services, including fees.

PRODUCTS

Resource Packets and Lists

We have compiled "Resource Packets and Lists" around commonly asked questions and topics related to youth service, service-learning and youth leadership. These packets provide information from a variety of resources and are updated on a regular basis. Topics include: Youth Action Councils, Youth Summits, Youth Voice - General and National Youth Leadership Organizations. \$1 each

INFORMATION AND ORDERING

For information about services and products, please contact us at:
Youth Outreach, The Points of Light Foundation
1400 Eye Street, NW Suite 800
Washington, DC 20005
Phone 202-729-8000
Fax 202-729-8100
Email youth@pointsoflight.org
www.pointsoflight.org

The Points of Light Foundation, in partnership with the Volunteer Center National Network, *engages more people more effectively in volunteer service to help solve serious social problems.* The Youth Outreach department makes this mission a reality for youth by: raising awareness and advocating for the engagement of young people in community problem solving; building the knowledge and skills of young people to be community problem solvers; and building the knowledge and skills of organizations and institutions to create meaningful service and leadership opportunities for young people. Youth Outreach does this through technical assistance, training, consulting, publications and programs and initiatives.



Co/Motion

A NATIONAL PROGRAM OF THE ALLIANCE FOR JUSTICE

Engaging Youth in Action for Social Change!



SERVICES

Training and Technical Assistance

Co/Motion is a national program that helps organizations build their capacity to foster youth leadership in the design, implementation, and evaluation of action strategies addressing community problems, particularly gun violence. Through partnerships with youth organizations, national service and service learning programs, schools, and other national and community-based organizations, Co/Motion trains young adults ages 15 to 25 in both advocacy and organizing skills. Co/Motion also provides ongoing support and technical assistance to help youth put their new skills to work through projects they design to prevent gun violence in their community.

Through interactive training, young people are:

- Exposed to the concept and history of social change;
- Learning advocacy and direct organizing techniques for gun violence prevention;
- Developing organizational development skills to build strong youth-led initiatives in gun violence prevention;
- Organizing campaigns to address gun violence in their communities.

Co/Motion also offers matching challenge grants of up to \$10,000 for gun violence prevention advocacy programs.

- ➔ Co/Motion is a program of the Alliance for Justice, a national association of environmental, civil rights, mental health, women's, children's and consumer advocacy organizations. Since its inception in 1979, the Alliance has worked to advance the cause of justice for all Americans, strengthen the public interest community's ability to influence public policy, and foster a new generation of advocates.

PRODUCTS

Co/Motion Guide to Youth-Led Social Change

The Co/Motion Guide to Youth-Led Social Change is a resource manual outlining the dynamic process of strategizing and action planning for youth. Topics covered include research, campaign planning, organizing meetings, coalition and community building, making and meeting a budget, working with the media, program evaluation, and much more.

\$30

INFORMATION AND ORDERING

For information about services and products, please contact us at:

Alliance for Justice Co/Motion Program

Eleven Dupont Circle NW, 2nd Floor

Washington, DC 20036

(202) 822-6070

Fax: (202) 822-6068

Email: comotion@afj.org

www.comotionmakers.org

Community Partnerships With Youth, Inc.

Promoting active citizenship through youth and adult partnerships



PRODUCTS

Youth As Trustees

Curriculum focuses on helping youth understand trusteeship, action, and commitment. Sections highlight History, Future, and Personal Mission. Includes: Training Activities, Instructor's Guide, and the Youth Trusteeship Journal
\$85

Youth In Governance

Designed to highlight administrative functions and day-to-day workings of a board of directors. Provides knowledge and encouragement for youth participation. Includes: Instructor's Guide, Training Activities, and a Sample Board Manual
\$85, or, if purchased with Youth as Trustees, \$160 for both

Youth As Philanthropists

Developed to assist young people to understand the history, philosophy, and the acts of philanthropy. Involves youth in activities which use their time, talent, and treasure in service to community and instills core values as they practice habits of giving and serving.

CD Rom version: \$50 Print version: \$50 Both: \$75

Trusteeship, Governance and Philanthropy Curricula: \$185

Trusteeship Journal

A reflection journal for young people filled with quotes and reflection questions and activities. Can be used with Youth As Trustees or as stand-alone resource for young people.

\$12 each, 20% discount (\$9.60 each) on 25 or more

Sample Board Manual

A resource to be used with the Youth In Governance curriculum or as a resource for young people serving on boards, advisory councils, and committees.

\$8 each, 20% discount (\$6.40 each) on 25 or more

Empowerment News

A quarterly newsletter that features articles of interest to youth and youth professionals, offers training tips and ideas, and spotlights innovative projects from throughout the country.

Free

Community Partnerships with Youth, Inc., is a national nonprofit training and development center dedicated to promoting active citizenship through youth and adult partnerships. CPY INC has over ten years experience in promoting the importance of adding youth voices to organizations, schools, and communities. CPY INC does this by providing resources, training, consulting, and advocacy for empowering youth through community service involvement.

At The Table: Youth Voices in Decision Making

Two-part video and written discussion guide. Youth and adults make a persuasive case for why young people should have a place “at the table” where decisions are made that affect them. Produced in partnership with Center for Youth as Resources, Youth Leadership Institute, Innovation Center for Community and Youth Development, and Youth on Board.

14 minutes \$19.95 each plus \$3 s&h per order. 6 or more copies \$14.95 each plus s&h.

SERVICES

Training workshops include: Adding a Youth Voice, Forming Youth Advisory Councils, Mentoring with Meaning, Inviting Youth to the Table, Appreciative Inquiry, Youth As Asset Builders, and training in trusteeship, governance, and philanthropy.

CPY Inc offers organizations, schools, and faith-based groups technical assistance, consulting, and resources developed specifically for their needs and requirements.

Conference Presentations and Exhibiting: CPY promotes its mission by participating in state, regional, and national conferences that support the equal partnership of youth and adults in service to community.

INFORMATION AND ORDERING

For information about services and products, please contact us at:

Community Partnerships with Youth, Inc.

6319 Constitution Drive

Fort Wayne, IN 46804

(219) 436-4402

Fax (219) 436-5354

cpyinc@aol.com

www.cpyinc.org



Innovation Center for Community and Youth Development

Tools for helping youth and adults work better by working together



PRODUCTS

At the Table: Youth Voices in Decision-Making

Two-part video. Youth and adults make a persuasive case for why young people should have a place “at the table” where decisions are made that affect them. In Part I, youth explain why they want to participate; adults share honest uncertainty about sharing power with youth, and explain why experience has changed their minds. Part II gets at making the experience a good one for everyone involved. Produced in partnership with Center for Youth as Resources, Community Partnerships with Youth, Inc., Youth Leadership Institute, and Youth on Board.

14 minutes \$19.95 or \$29.95 for both ATT and Taking the Reins (plus \$5 shipping and handling)

Taking the Reins Together: Youth/Adult Partnerships

A powerful video in which youth and adults share their stories of partnership. This video introduces youth and adults to the concept of partnership and explores the benefits, challenges, and fun of the experience. A great motivational tool.

8 minutes \$19.95 or \$29.95 for both ATT and Taking the Reins (plus \$5 shipping and handling)

Creating Youth/Adult Partnerships

Training curriculum. Youth/adult partnerships are a great concept, but putting them into practice in a positive and effective way requires training. Created by National 4H Council and a team of youth and adults, this curriculum outlines training activities for youth and adults separately and together and provides handouts and a list of further resources on youth/adult partnerships. Reviewed and recommended as part of the National 4-H Curriculum Collection.

130 pages. \$24.95 (plus \$5 shipping and handling)

Building Community: A Tool Kit for Youth and Adults in Charting Assets and Creating Change

Facilitators' Handbook. Training and Technical Assistance Available. Makes it possible for individuals and groups everywhere to bring an inclusive, asset-based approach to creating positive change in their community. Filled with detailed information and case studies, the Building Community tool kit gives users what they need to create youth/adult partnerships, identify community assets, create a community vision and action plan, and carry out action steps.

➔ The Innovation Center for Community and Youth Development transforms and enriches the youth development field by seeking, testing, and promoting bold and creative practices that achieve positive development for youth, communities, and society. In partnership with youth workers and other organizations, and with a cadre of youth and adult staff and volunteers who share a devotion to the potential of youth development, the Innovation Center makes new connections and strengthens links among groups, people, and ideas.

Youth in Decision-Making: A Study on the Impacts of Youth on Adults and Organizations

Research report published in partnership with National 4H Council and the Youth in Governance Taskforce of the National Association of Extension 4-H Agents. Based on interviews with youth and adults and written by Shepherd Zeldin, Ph.D. and Annette Kusgen McDaniel at the University of Wisconsin-Madison, the report reflects the first significant research on the impacts young people have on adults and organizations when they are involved in significant decision-making roles.

One copy, free. Two or more copies, \$1.00 each.

At the Table: Making the Case for Youth Decision-Making

Summary of key research findings (see above). FREE!

SERVICES

In addition to providing technical assistance and training in youth/adult partnerships, the Innovation Center provides contract services in a range of focus areas, including organizational development, program design, strategic planning, and collaborative action planning.

INFORMATION AND ORDERING

For information about services and products, please contact us at:

Innovation Center for Community and Youth Development

7100 Connecticut Ave.

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(301) 961-2837

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Promise Project

Helping to bring youth to the table



SERVICES

Youth Talent Pool

Interested young people can apply to get involved in their community by serving on a board of directors, committee or task force.

Kansas City Regional Service-Learning Conference

Annual one-day conference where educators and students come together to learn about local service-learning projects and opportunities.

Partnership Retreat

The Partnership Retreat utilizes the Future Search method during a 2-day conference where organizations develop action plans for strengthening their youth/adult partnerships.

Training

Promise Project offers a range of training for young people and for young people and adults together.

PRODUCTS

Younger Voices Stronger Choices

Promise Project's guidebook will help you create successful youth/adult partnerships! Successful partnerships don't just happen by accident. They take effort and know-how. When the right people are doing the right things, young people and adults can accomplish amazing things together.

A clear, conversational guide to partnerships, Younger Voices Stronger Choices was written by an adult and a high school student. The book will help you bring young people into decision-making positions in your non-profit, governmental, or for-profit group in a sensible and effective way.

\$14.95 each plus shipping and handling (\$4 for the first copy, and \$1 for each additional copy.) Available at www.Amazon.com or call the Promise Project directly.

- The Promise Project is a project of the YMCA of Greater Kansas City that promotes partnerships between youth and adults so that young people's voices are heard in decision making. Through a variety of products and services, including trainings, publications, conferences, and retreats, the project assists and supports successful youth/adult partnerships.

INFORMATION AND ORDERING

For information about services and products, please contact us at:

Promise Project

YMCA of Greater Kansas City

3100 Broadway, Suite 1020

Kansas City, MO 64111

(816) 561-9622

fax: (816) 931-1854

email: Shelley-Jones@ymca-kc.org

www.ymca-kc.org



Youth Leadership Institute

Training youth leaders, adult allies, and the systems that support them.



SERVICES

The Youth Leadership Institute provides professional, relevant, innovative, effective, and highly interactive technical assistance to youth, youth practitioners, policy makers, and others in order to share information and promote best practices in youth development. YLI offers two levels of training: (1) Intensive Trainings and (2) Skill Development Workshops.

• INTENSIVE TRAININGS (partial list)

Youth Development Intensive (I, II, & III)

Two-day (minimum) training provides participants with an understanding of youth development theory and its practical applications. Participants will be exposed to the predominant youth

development frameworks that are shaping the field and will engage in critical analysis of how these frameworks can be applied to their work.

Youth Development Training

Training introduces YLI's proven, effective youth development programs that bring young people to the forefront of positive action and community change. Participants select from program areas, including: youth philanthropy, civic leadership, and alcohol, tobacco, and other drug use and abuse.

Youth Philanthropy

This training leads participants through a new direction for youth grantmaking by taking youth out of an advisory capacity and giving them final decision making authority. This approach provides a training ground for future philanthropists as well as a tool for current community building, investment, and activism by youth.

Public Policy & Advocacy

Learn the tools and guides for enacting social change in your community through policy and advocacy. Emphasis will be placed on where and how to involve young people, practitioners, and community members to support policies that promote positive youth development and community growth.

Outcome Objectives & Evaluation Tools

Trainings to focus on determining the goals of new programming and putting into place an evaluation plan into place an evaluation plan to measure program outcomes.

- The Youth Leadership Institute is a community-based institute that joins with young people to build communities that respect, honor and support youth. Each program builds upon the strengths of young people, engaging them in partnership with adults to create social change and impact power structures. YLI reaches out to youth that have not traditionally been viewed as leaders and involves them in shaping community change.

• **SKILL BUILDING TRAININGS** (partial list)

Action Planning

A hands on training for moving programs into an “action” stage. This process includes identifying and assessing the critical issues that shape communities. Emphasis is placed on interactive and practical use of the planning tool, and introducing the tool to youth.

Training of Trainers

Two-day (minimum) training focuses on best strategies to tackle the critical issues that have been defined in fostering positive community growth. Participants will experience innovative facilitation techniques, as well as fresh training ideas and concepts that move programs from theory into practice supporting the framework of youth development.

Youth-Adult Partnerships

Assessment and reflection designed to help groups build real, effective partnerships between youth and adults. Emphasis is placed on identifying what skills and understandings youth need for success, and what adults need to learn in order to support/promote youth as community leaders.

Planning a Youth Forum

Hands on experiential training to assist programs in planning an event generated by the issues that concern young people.

Understanding the Media

Training designed to help young people critically analyze media messages and to understand how media is used to manipulate social opinion.

PRODUCTS

Action Planning Workbook - 2001 Edition

An interactive workbook designed to help youth and adults strengthen group process skills in order to successfully plan and implement community projects. Sections include creating a sense of group purpose, the role of adult allies, identifying an issue, and developing an action plan. Second half is devoted to helping groups apply to YLI's philanthropy programs for project support. Available January 2001. \$25 each.

Tools for Social Change: A Public Policy Manual - 2001 Edition

Introduction to what policy is, how it is created, the forces that influence policy making, and the challenges we face in trying to create “good policy”. Outlines steps for advocating policy change. Ideal for groups just learning about the world of public policy and interested in getting involved. Available January 2001. \$50 each.

Youth and Boards: What's the Status? - 2001 Edition

A report investigating why young people should - and how they can - be involved in boards of directors and governing commissions. Describes research conducted by YLI and the basis for Young Active Citizens, an innovative project devoted to training youth and boards for successful partnerships in governance. Available January 2001. \$10 each.

INFORMATION AND ORDERING

For information about services and products, please contact us at:

Youth Leadership Institute

870 Market Street, Suite 708 San Francisco, CA 94102

P:(415) 397-2256 F: (415) 397-6674 e-mail: info@yli.org

web:www.yli.org

Youth on Board

Preparing young people to be leaders and decision makers



Youth on Board envisions a world where young people are fully respected and treated as valued and active members of their families, communities, and society.

SERVICES

Individualized Training and Consulting Services

Youth on Board offers customized assistance to further involve young people in organizations and communities. Individualized assistance can be either long or short term. Some training topics include workshops, Organizing and Advocacy Training, Skill Building Workshops for young people. Consulting work includes speeches and presentations and working with school systems, youth groups, Board of Directors and philanthropic organizations.

PRODUCTS

Pamphlet Series

Written or revised by Jenny Sazama, based on interviews with teens worldwide and years of program development with young people.

Building Relationships

Based on the notion that strong, respectful relationships with adults and with each other give young people safety and confidence to transform their lives. Designed to help adults think about relationships with young people. Deals with the day-to-day stress that comes up in the work. \$6 plus \$2 s&h

Get the Word Out!

Talks about the importance of young people taking on powerful positions in organizations. Has training exercises to help groups think about the issues. \$6 plus \$2 s&h

Leading a Youth Worker Resource Group (co-written by Patty Wipfler)

These groups are structured meetings of people who work with youth and who listen and talk about things that matter to young people. Helps build effective support for youth workers. \$6 plus \$2 s&h

Listening to Young People

If we can learn to listen to young people with the understanding that, given enough attention and encouragement, they truly have the best answers, we can help them make permanent changes in their lives. \$6 plus \$2 s&h

Tips & Guidelines for Allies to Young People

Hear from young people about what they want adults to know about being their allies. A collection of very specific tips and guidelines collected from more than 500 interviews with young people worldwide. \$6 plus \$2 s&h

14 Points: Successfully Involving Youth in Decision Making

Comprehensive guide to youth involvement, now in its third edition. A logical starting point for preparing young people to take ownership of their communities. It includes guidelines, worksheets, tips, a resource directory, and stories from the street, all designed to help young people and adults work together to improve their communities. Read *14 Points* and you will:

- Learn why youth/adults relationships are important in change efforts
- Learn how to recruit, hire, train, and mentor young leaders
- Learn about successful youth-involvement efforts

\$25 each \$4.50 shipping and handling (s&h) for the first book and \$1 s&h for each additional book.

At The Table: Youth Voices in Decision Making

Two-part video and written discussion guide. Youth and adults make a persuasive case for why young people should have a place “at the table” where decisions are made that affect them. Produced in partnership with Center for Youth as Resources, Community Partnerships with Youth, Inc., Youth Leadership Institute, and the Innovation Center for Community and Youth Development.

14 minutes \$19.95 each plus \$3 s&h per order. 6 or more copies \$14.95 each plus s&h.

Youth on Board: Why and How to Involve Young People in Organizational Decision-Making

This booklet, produced in collaboration with the National Center for Nonprofit Boards features:

- Overview of Youth on Board’s 14 point system to involving youth in decision-making
 - Ways to overcome organizational barriers
 - Real life success stories of youth involvement
- \$12 plus \$3 s&h

“Youth on Board” T-shirt \$12 each plus \$2 s&h.

INFORMATION AND ORDERING

For information about services and products, please contact us at:
Youth on Board

A Project of Youthbuild USA

58 Day Street

P.O. Box 440322

Somerville, MA 02144

(617) 623-9900 Ext. 1242

Fax: (617) 623-4359

Youthonboard@aol.com

www.youthonboard.org



COMING SOON: INTERNET

Soon, everyone interested in promoting youth in governance can be connected through an Internet clearinghouse. Made possible by a grant from the Surdna Foundation, Inc., and hosted by the Innovation Center for Community and Youth Development, the new web site will be online by fall 2001 at www.atthetable.org.

JOIN AN E-MAIL DISCUSSION LIST NOW

To sign up for the following lists, visit www.theinnovationcenter.org

ATT

For youth and adults who are interested in building the youth in governance and decision-making movement. Find At the Table project updates, partner updates, resources, and networking opportunities.

ATTYOUTHBOARD

For young people who serve in governance or decision-making roles to network and share resources.

YOUTHCIVICENG

For youth and adults interested in exploring ways in which young people can influence policies that affect them.

YAPARTNERS

For youth and adults interested in dialoguing and sharing resources about youth/adult partnerships.

